Homework for this week!

Hammer-ons to the G major scale note that's nearest to each open string
Pull-offs that begin on the scale note nearest to each open string. Pay attention to technique and where/how you're putting pressure on the bar for the pull-off. Also pay attention to whether it sounds better with a flat bar or a slight angle. Technique may be a little different on lower strings, with even more focus on downward pressure at the tip of the bar and just barely moving your barring hand towards you.
Practice the licks I showed you that start on each open string > hammer-on (or pick) the nearest scale note > play adjacent higher open string > slide on original string to match the open string pitch.

Fretboard knowledge – Key of G: practice chord arpeggios of the chord shapes on the chart all the way up to 12 frets. Focus on the chord shape pattern (major, minor, major, major, major, minor, diminished). Once you've learned this inside and out for G, you can change the starting point (aka "home") and use the same patterns to map out other keys!

Rolls

•Practice the roll on strings 4 (thumb) 3(index) 1(middle), roll roll pair, roll pair roll, and pair roll roll. Practice these slowly and try to have a musical feel when playing them. Relax your fingers so there's a flowing sound and the melody stands out.

•Do the exercise on strings 4-3-1 where you move the bar each time your thumb plays. The bar move should happen exactly as you're beginning to get your thumb to play – the pick and bar move are concurrent. Don't lift the bar for this; just move it right into place at the same moment you engage your picking muscles in your thumb. See video for a reminder.

•Practice the roll moves I showed you with a moving melody over strings 4-3-1 and then 3-2-1 over a G to Em chord progression. I provided backing tracks at three tempos, but it's not a race, so focus on having a flowing musical sound and a good groove rather than speed. Remember to keep your picking hand relaxed.